



Robley Rex VA Medical Center
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Celebration Highlights Creative Expression of Veterans on the Road to Recovery

In continuing efforts to provide personalized, proactive, and patient-driven care for Veterans, the Robley Rex VAMC Recover Program hosts its annual Recovery Celebration at the VAMC October 9th as part of Mental Health Awareness Week. The Celebration is open to the public and runs from 9am – 3pm in room E005 just off the West Entrance.

This year's Recovery Celebration highlights the power of creative expression through artwork, poetry, photography, ceramics, and music, and the important role it can play in a Veteran's recovery journey. Recovery Program Coordinator Brittany Priddy says the Celebration is also an opportunity to honor the amazing accomplishments Veterans have achieved in their lives, and to bring awareness to other Veterans that things can and do get better.

"Often times stigma associated with mental health diagnoses can pose a barrier to accessing mental health services," Priddy says. "We know that early identification and treatment makes a huge difference in someone's life. The Recovery Celebration helps to break down stigma as Veterans share personal stories of their own recovery journey, and how they continue to achieve wellness in their lives."

Kristen Hughes from The Kentucky Center, Arts in Healing Program, along with Athena's Sister's Founder and CEO Lindsay Gargotto will be guest speakers at the event.

Since 1952, Robley Rex VAMC has been exceeding the healthcare needs of the men and women who have proudly served our nation. Robley Rex VAMC provides healthcare services for more than 150,000 veterans living in a 35-county area of the Kentuckiana region, including a full service medical center on Zorn Avenue in Louisville and six Community Based Outpatient Clinics located in Shively, Newburg, DuPont, Carrollton, and Grayson County, KY; plus two Community Based Outpatient Clinics in Scottsburg, and New Albany, Indiana.

For more information about the Robley Rex VAMC and our Mental Health programs, contact the Public Affairs Office at 502-287-5502, 502-287-4227 or email vhaloupublicaffairs@va.gov .

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